

Activities for Early Childhood Centres

Action Songs



Learning intention:

To develop, fine and gross motor skills, self esteem, confidence, creativity, body and spatial awareness, coordination, upper body etc.

Learning Outcomes:

Participants will have a better body awareness, sense of rhythm, increased understanding of language. Increased imagination and creativity. Better coordination etc.

Song	Directions	Equipment
<p>Wheels On the Bus: The Wheels on the bus go round and round, round and round, round and round. The Wheels on the bus go round and round, All day long.</p> <p>The doors on the bus go open and shut, Open and shut, open and shut. The doors on the bus go open and shut, All day long.</p> <p>The mothers on the bus go chat chat chat, Chat chat chat, chat chat chat. The mothers on the bus go chat chat chat, All day long.</p> <p>The children on the bus go up and down, Up and down, up and down. The children on the bus go up and down, All day long.</p> <p>Baby Shark: Baby shark, Doo doo doodoo doo. Baby shark, Doo doo doodoo doo.</p> <p>Mummy shark, Doo doo doodoo doo. Mummy shark, Doo doo doodoo doo.</p> <p>Daddy shark, Doo doo doodoo doo. Daddy shark, Doo doo doodoo doo.</p> <p>Grandma shark, Doo doo doodoo doo. Grandma shark, Doo doo doodoo doo.</p>	<p>Rotate arms, hand over hand, splash.</p> <p>Hands together, open wide then clap shut, splash.</p> <p>Whole hand pincer grip clap ie: duck bill hands.</p> <p>Jump up and down, splash.</p> <p>Thumb and index fingers clap.</p> <p>Two hands, rest wrists together, top of hands with long fingers clap.</p> <p>One arm circles wide from front to back, front hand stays still and clap together in front.</p> <p>Two hands, rest wrists together, hands in fists clap together.</p>	<p>Splash pool</p> <p>Splash pool</p>

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<p>Crabs and Sea Shells: Crabs and sea shells, Crabs and sea shells.</p> <p>Dolphins too, Dolphins too.</p> <p>Octopus and penguins, Octopus and penguins.</p> <p>We swim too, We swim too. (to the tune of Frere Jacque)</p> <p>Row, Row, Row, your boat: Row, row, row your boat, Gently down the stream. Merrily merrily merrily merrily Life is but a dream.</p> <p>If You're Happy and you Know it.... If you're happy and you know it wash your elbows If you're happy and you know it wash your elbows If you're happy and you know it and you really want to show it If you're happy and you know it wash your elbows</p> <p>If you're happy and you know it wash your knees...</p> <p>If you're happy and you know it wash your cheeks....</p> <p>If you're happy and you know it wash your shoulders....</p> <p>If you're happy and you know it clap your hands... .. kick your feet .. blow some bubbles .. splish and splash</p>	<p>Crabs - Whole hand pincer grip clap ie: duck bill hands. Seashells – hands open like flowers.</p> <p>Dolphins – arms make jumping motions.</p> <p>Octopus – wobble arms and bodies. Penguins – arms at side stand up straight.</p> <p>Arm swings or breaststroke arms.</p> <p>Paddle the water on one side of the pool. Watch the toys as they float around the pool.</p> <p>Dip elbows in water.</p> <p>Use wet cloth to wipe knees, splash water onto knees or duck knees under.</p> <p>Use cloth to wipe knees, splash water onto cheeks, or dip in cheeks.</p> <p>Use wet cloth to wipe knees, splash water onto knees or duck shoulders under.</p> <p>Clap hands and splash.</p> <p>Sit in water and kick, or splash feet standing in splash pool.</p>	<p>Splash pool</p> <p>Splash pool and floating toys.</p> <p>Splash pool and face cloths/ sponges.</p>
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